Local Volunteering NW Gateway

Supporting people into volunteering to gain new skills, make friends, support a cause they love, and build confidence across the North West of Edinburgh.

Feel free to attend one of my drop-in sessions, or we can arrange a one-to-one by sending me an email or reaching out by text or call. This can be an informal chat and I'm happy to meet you at your local hub or community centre.

Help for VIO's is also available.

For further information contact natalie.ballantine@volunteeredinburgh.org.uk Tele 07300 200 933 voled.in/gateway

Volunteer Recruitment Event – Thursday 7th March 4pm – 7pm at Space to Be Gyle Centre

Are you looking to be involved with something new this year? Have you thought about volunteering or helping out in your local community?

West Edinburgh and Almond Neighbourhood Networks and the Almond and Western Voluntary Sector Forum are holding a Community Information & Volunteer Recruitment Drop in Event – Spring into Volunteering on Thursday7th March from 4.00pm to 7.00pm in Space to Be (Gyle Centre- upper floor next to the food court)

Within West Edinburgh there are many opportunities available for people to offer their time on a voluntary basis to help their local community on a general or individual basis.

If you would like to know more about the many and varied local Volunteering Opportunities available within your local area and also general information on community organisations available in the Corstorphine and Murrayfield Area please come along to the event on 7th March. You will have the opportunity to talk to organisations who are currently looking for volunteers.

Further details, including a list of organisations that will be represented at the event has been posted on westedinburghinformation@gmail.com or telephone 07851 116939 for further information.

West Edinburgh Information Website - https://westedinburghinformation.wordpress.com

This signposting website has been developed to provide information on the broad range of Community Organisations and Activities and other services available within the West Edinburgh Area. The website is available in 37 languages, is accessibility compliant and catalogues 100's of activities.

The site includes a range of pages including information on individual organisations, catalogues sports and recreation, activities by age group, a weekly diary of clubs and activities offered, Special Events, What's on and volunteering opportunities.

The site is still being developed and we welcome any <u>feedback</u> from individuals and groups on how this can be improved to meet the requirements of the local community and organisations.

Western Neighbourhood Network -

Directory of Community Services in Drumbrae, Gyle Corstorphine & Murrayfield

The Directory gives information on local Voluntary Organisations and activities in the local area. Currently the Directory is being updated and we would appreciate submission of any updates or corrections The Directory is now available online as part of the West Edinburgh Information Website – https://westedinburghinformation.wordpress.com/western-edinburgh-neighbourhood-directory/

Hard copies are available in local Libraries and Community Venues

For further information or submitting any amendments contact tommy.awvsf@gmail.com

Please Note Some activities in this leaflet may make a small charge to cover costs

Any organisation wishing to have Information included in the March Edition edition of the

Leaflet must submit information to tommy.awvsf@gmail.com by 18th March 2024

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VOLUNTARY SECTOR ACTIVITY PROGRAMME FOR THE WEST EDINBURGH AREA MARCH 2024



BRINGING PEOPLE TOGETHER

Produced by: Almond & Western Voluntary Sector Forum

https://facebook.com/awe.voluntary.sector

Rannoch Community Centre - 6 Rannoch Terrace EH 47ES (Behind Drumbrae Hub) 0131 339 5351

VoiceAbility meet in Rannoch Centre every Tuesday 1.30pm to 3.30pm This is a Community Groups for Unpaid Adult Carers, and brings people together with common interests to discuss issues and identify solutions. We also provide support to access benefits if you are disabled.

Please come along. You would be most welcome.

National Blood Transfusion Service have organised a community blood donation day on Tuesday 23rd April from 2.00pm to 9.30pm in the Rannoch Centre

For more information on all the activities offered by Rannoch Centre please contact the Centre Office on 0131 339 5351 or e-mail CLD-Rannoch@ea.edin.sch.uk

Open All Hours - Drumbrae Leisure Centre

Friday Nights 7-9 until March 22nd

S1- S6 Free No need to book just pop along!

Come along and meet the youth work team, we have the opportunity to get gym accreditation, try new sports in the gym hall, we also have a program of Arts and Craft activities in our chill out space.

Further information from Andrew.welsh@ea.edin.sch.uk

St Anne's Church - 1 Kaimes Road - EH12 6JR - 0131 316 4740

Saturday Whist - Third Saturday of every month at 2pm in the Belgrave room.

Looking for something new to try? This easy-to-learn game is perfect for beginners and its tons of fun!

Lunch Club - Wednesdays 12pm in the Belgrave room.

Start your Wednesday with a Lunch Club session - share laughs, stories, and meals. Everyone is welcome.

FAN Club - Fortnightly on Fridays at 10.30am in Kaimes hall.

Friends And Neighbours Club -Retirees who wish to stay active and informed. All welcome!

Caring&Sharing @ St Anne's - Fortnightly on Fridays at 10.30am in the Belgrave Room.

We come together to enjoy coffee and hear a speaker discuss matters of a "caring" nature, alternating with a Café style gathering.

Film Nights @ St Anne's - Tuesday March 12, showing Chocolat.

Free entry, and refreshments provided. Doors open at 6.30pm, the show begins at 7pm.

More information on all our groups can be found on our website www.stannescorstorphine.org.uk

Corstorphine Connect Sight Loss Group - Corstorphine Astoria Centre 18 Kirk Loan EH12 7HD

The group meets on the 3rd Saturday of every month at the 2pm-3.30pm, 18 Kirk Loan for "Coffee, Cake and Chat" followed by an interesting Speaker. Everybody is welcome including a family member or friend. At our meeting on March 16th Sylvia Paton who has a Guide dog herself will talk about the Guide Dog Association who have offices in Corstorphine. Then on April 20th Ian Anderson shares the story of how the Corstorphine Cinema Organ was found and brought back to Corstorphine.

For more information contact Hazel T 07899875713 e-mail hi.kelly@virgin.net" or just come along on the day.

ANDYSMANCLUB - Space To Be Gyle Centre EH12 9JY

ANDYSMANCLUB is a talking group for men to help you through those storms. The club meets every Monday 7-9pm (except Bank Holidays) in Space to Be, Gyle Centre.

For further information contact info@andysmanclub.co.uk or our Website www.andysmanclub.co.uk

ACE IT - Digital Skills Support Sessions at the Space to Be at Gyle Shopping Centre

Digital Skills support sessions at the Space to Be at the Gyle Shopping Centre (located in the food court)

Are you feeling daunted by technology or nervous about getting online? Come along to ACE IT's sessions every

Wednesday from 2pm to 4pm. Sessions are open to anyone over 50 needing help with their digital device or wanting
to get online. We can help with laptops, mobile phones, tablets and more! Call 0131 667 2053 or

email info@aceit.org.uk to sign up.

Corstorphine Literary and Geographical Society - Burns Hall - St Ninian's Church Corstorphine- use rear entrance

4th March at 7.45pm – Talk by Kate Foster author of "The Maiden", a guillotine used for the execution of a local person accused of killing her uncle.

1st April at 7.45pm – Talk by Suzette Bell on her travels from the Med to the Artic by Senior Rail Card
The following three meetings will be on the first Monday of April, May and June. Visitors pay £4 per meeting but a
reduced Subscription of £12 is available for the four meetings. Information available from the Lit Secretary on 0131
339 6115.

St Margaret's Park's Bowling Green - Public Consultation

You are invited to come long to the Community Consultation drop –in session and share your ideas for what you would like to see in future developments of the Bowling Green at St Margaret's Park.

The session is being held in Corstorphine Community Centre 5 Kirk Loan, Corstorphine, Edinburgh EH12 7HD on Monday 4 March 6 – 8pm. Refreshments will be provided.

At the meeting, attendees will have the opportunity to engage in a dialogue, explore ideas and offer feedback.

For any further questions or information please e-mail thrivinggreenspaces@edinburgh.gov.uk or visit our website <a href="mailto:state-new-mailto:state-

St. Ninians Bridge Club - St Ninian's Church 144 St John's Road EH12 8AY

The bridge club meets every Thursday afternoon throughout the year between 1.30pm and 4.30pm in one of the Church halls. It is a friendly and relaxed gathering and each afternoon we run a pairs competition.

New members, particularly in pairs, are welcome. For further information call lan Corbett on 0131 467 8089.

Corstorphine Library - 12 Kirk Loan EH12 7HD - 0131 529 5506

Corstorphine library will be hosting a month long fashion swap during March to help raise awareness of the environmental impact of fashion on the environment.

If you have clothes that are clean, in good condition but you don't get around to wearing, we would love to have them. (If you have nothing to donate you are still welcome to take a free piece of clothing!)

For more information contact: Corstorphine.library@edinburgh.gov.uk

Energize Health and Fitness - 3 Lochside Place EH12 9DP 0131 317 0260

Opening times Monday - Friday 6:00 - 20:30 Saturday - Sunday 8:30 - 18:00

Our mission is to help the community get active, stay active, learn about health & well-being, and lead a healthy lifestyle.

Over 50's Get Active - FREE 45 min classes - stay active and become part of the community

Monday 10.30am, Tuesday 10.15am, Wednesday 10.15am, Thursday 10.00am, Friday 10.15am.

Pre-booking required for all classes

Teen Fit - Free 45 min instructor lead class Mon – Fri 4.00-4.45 pm. A fun way to spend free time and meet friends. Classes must be pre-booked and the registration form signed by a parent or guardian.

Almond & West Voluntary Sector Forum - Befriending Opportunities

We are partnering with Vintage Vibes to help tackle loneliness and isolation in our community. Vintage Vibes is an Edinburgh based charity project that matches volunteers with people over 60 with similar interests. To help support more people we are looking for Friendship Volunteers to spend an hour or so a week with people so they can stay active members of our community. This is a companionship, not a carers role.

For more information, please email hello@vintagevibes.co.uk or visit www.vintagevibes.co.uk

Or come along on 7th March to chat to us at the Spring into Volunteering event in Space To Be Gyle Centre

Corstorphine Community Centre - Westfield House, 5 Kirk Loan, EH12 7HD

Join us weekdays 10am-3pm. With over 20 groups a week, events and volunteering opportunities, we have something for everyone. Registration and booking for events and groups is essential, please contact us to find out more.

Website	www.corstorphinecommunitycentre.org.uk
	Reception - 07580 659 676
Contacts	Jenni (Admin)admin@ccchub.online 07580 659676
	Louise (Volunteering) volunteers@ccchub.online 07778 888536
	Fiona (Groups) development@ccchub.online 07780 862825
Events	Tea dances, Saturdays 2 – 4pm - 30 th March, 27 th April, 25 th May
	International Women's Day – 8th March Wellbeing Sessions: 12.30 – 3.30
New Groups	Wellbeing Group – Starting Wednesday 20 th March 3.15 - 4.15pm
	A new group exploring practices to promote calmness, relaxation and overall wellbeing.
	Women's group - Starting Thursday 21st March - 10.30 - 12pm

Edinburgh Community Performing Arts - DN Studios, 9b South Gyle Crescent, Edinburgh EH12 9EB.

We offer FREE gentle movement classes for older people aged 65+ on a Monday and Thursday from 10.30am - 12.15pm. These supportive community classes are designed for people who may have dementia, Parkinson's or restricted movement. This project is an opportunity for people to improve their health and wellbeing, make new friends while having a cuppa and learn a new skill. If you would like further information, please contact: info@edinburghcommunityperformingarts.co.uk/our-projects