

Corstorphine St. Ninian's Church – 144 St John's Road EH12 8AY

Our 'Friendly Corner' runs two days a week in the Beith Hall. Tuesdays and Thursdays, from 11am to 1pm. It offers a space for company, chat, coffee, tea etc. Entrance from St. John's Road. All welcome

You're Never Too Old- Laura Ferguson Court, 72 Craigmount Brae

YNTO'S mission is to reduce social isolation within the community

Enjoy meeting new people, making new friends, carry out various activities, bringing the past back to life with reminiscence and have a light lunch. Our summer outing this year is lunch at the Pettycur Bay Hotel, and our Christmas outing is the Peter Pan Pantomime with Christmas lunch beforehand. If you or someone you know over 65 Years old, who is socially isolated unable to get out on their own, they will be considered along with professional referrals.

Mondays and Tuesdays 10am -1.30pm Laura Ferguson Court, 72 Craigmount Brae Pick-ups and drop offs.

Contact Anne on 07741645413 or anne.stewart@yourenevertoold.org.uk

Energize Health and Fitness – 0131 317 0260

Now open at 6am with fitness classes before work!

Over 50s Fitness Classes - FREE - Keep active and help alleviate injuries.

Mondays - 10.30 – 11.15am, Wednesdays - 10.15 - 11am, Thursdays - 9.30 – 10.15am, Friday – 10.15 – 11.00am

Energize TEEN FITNESS TIME – FREE GYM on WEEKDAYS 3.30pm-5.00pm (Instructor led class 4pm - 5pm)

Pre booking required for all classes

Western Neighbourhood Network –

Directory of Community Services in Drumbrae, Gyle Corstorphine & Murrayfield

The Directory gives information on local Voluntary Organisations and activities in the local area and is available to view on the websites of several local voluntary organisations and copies are available in local Libraries and on the website of various local organisations.

An updated edition of the Directory will be available from late August

For further information or a PDF copy contact tommy.awvsf@gmail.com



Supporting our community to improve physical and mental wellbeing.

Watch out for wonderful Facebook posts from Local Groups.

Please Note Some activities in this leaflet may make a small charge to cover costs

Any organisation wishing to have Information included in the September edition of the Leaflet must submit information to tommy.awvsf@gmail.com by 18th August 2023

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Almond & Western Voluntary Sector Forum

Voluntary Sector ACTIVITY PROGRAMME for the West Edinburgh Area August 2023



Bringing People Together

<https://facebook.com/awe.voluntary.sector>

Munro Community Centre – 6 Parkgrove Street – EH4 7RN - 0131-539 7179

The Munro Community Centre is planning an extended range of activities for the coming year in order to build on the Community links established by our existing programme. The last 12 months have seen new initiative, including the provision of Christmas and Easter gifts for children in the area and, of course our usual wide range of activities ranging from Coffee Mornings and Keep Fit classes to the After School Club and Snooker evenings.

If you would like to add suggestions for extending our involvement with the community, or maybe you would like to join our Management Committee, please come along to our AGM on Wednesday, 23rd August at 6.30 pm in the Munro Centre (Beside Clermiston Primary School) or email munrocentre2@gmail.com

St Thomas Church - St Thomas' Church, 75-79 Glasgow Road, EH12 8LJ –

The weekly Coffee Plus Group meet on Thursday's 10am – 12pm, The group restarts on Thursday 14th September after our summer break.. Everyone is welcome to come for refreshments and home baking, arts and crafts are available. Phone church office 0131 285 8782 or email churchoffice@saintthomas.org.uk for more details.

St. Thomas' baby and toddler group meet on Tuesday's 10am – 11.30am in the Gyle Hall at the back of the church. Meetings restart on 22nd August after the summer break. Mum, Dad or grandparent are welcome to chat and enjoy a cuppa while the wee ones play. Contact Hilary via the church office 0131 285 8782 or email churchoffice@saintthomas.org.uk

St Anne's Church - 1 Kaimes Road - EH12 6JR - 0131 316 4740

Lunch Club - Wednesdays 12 noon-3.30pm, offering a simple lunch (soup/rolls), and tea/coffee. Come along for a natter and join in on activities such as, books/jigsaws/papers etc which will be available. Lunch Club will return Wednesday 23rd August.

All are welcome to attend.

The Summer Café will be held every Friday morning in the Belgrave room at 10.30am until 1st September. Please come along and enjoy tea, coffee, and cake. Bring your friends, everyone is welcome.

The Corstorphine Trust, The Dower House, St. Margaret's Park

The Museum and Archive Room are open Tuesdays to Sundays and admission is free. You can keep up-to-date with our daily opening hours on our Facebook Page, The Corstorphine Trust. We have a wealth of material from years gone by charting the lives of people who lived and worked in Corstorphine Village, so why not pop along and spend an hour looking around this fascinating sixteenth century building.

Corstorphine Library – 12 Kirk Loan EH12 7HD - 0131 529 5506

Corstorphine Memories reminiscence group: Thursday 17th August 1:30-2:30pm. In partnership with Memories Scotland, join us for a cuppa and a chat about times gone past. Look at old photographs and share your memories about Edinburgh & Corstorphine. We've got some great pictures to share, so this group is ideal for anyone with an interest in local history. Booking required by contacting the library on 0131 529 5506

or Corstorphine.library@edinburgh.gov.uk

Chatterbooks every Monday from 4-5pm for children aged 6-12. Come and enjoy books, activities and puzzles.

Young Writers Group every Thursday 4-5pm for those aged 12-18. Develop and share your writing with other teens.

Sensory story time: 2nd Thursday of each month at 3:30pm. Suitable for ages 2-6. Bookings made by calling the library on 0131 529 5506.

Drumbrae Library – 81 Drumbrae Drive EH4 7FE - 0131 529 5244

Tuesday 1st, Monday 7th – Summer Crafts session for children. Under 8s need adult supervision. Starts 11am

Every Wednesday – Violin Session for children of all levels of experience run by Tinderbox Collective. Starts 3pm

Thursday 3rd – a wide selection of modern games with child-friendly instruction and teaching. Starts 2pm

Friday 4th – Rounders for children 8+. Starts 2pm

Friday 11th August – Summer Stories and Pyjama Day. Join in our end of the summer event starting from 11am

Check our Facebook page for information on all our other activities.

Corstorphine Writing Meetup Group

Recently celebrating its first anniversary, we are now the longest continuously running writing group in the area. We meet every Monday at 2pm at the Gift Tree in Station Road

Come along and share your writing, buy a coffee or tea. There is no charge to join us as the membership is free.

<https://corstorphinewritingmeetup.wordpress.com/>

Memory Lane Café - at Saughtonhall United Reformed Church, 85/87 Saughtonhall Drive, EH12 5TR.

A warm welcome awaits you at the Memory Lane Cafe. We'd love you to join us for refreshments and friendly chat. All over 65's welcome.

Like to know more? - Call Lesley on 07881 288909

Corstorphine Geographical and Literary Society

Our Autumn session restarts on Monday 4 September in the Burns Hall of St Ninian's Church Corstorphine (entrance at the rear) with a talk entitled "The Briggers- the men who built the Forth Rail Bridge." A variety of talks will take place at 7.45 pm on the first Mondays of September through to December and again from March to June 2024. The annual subscription will be £25 and visitors pay £4. Information available from the Lit Secretary on 0131 339 6115.

Saughtonhall Community Association - SCA Recreation Hall at 22a Saughtonhall Avenue, EH12 5RN.

The Summer Sessions run until Saturday 12th August - lots of FREE family events for children of all ages. To find out more about our plans please visit the SCA website www.saughtonhallcommunity.com or follow 'Saughtonhall Community Association' on Facebook.

Community Barbecue on Sunday 27th August, 1-4pm. We'll fire up the barbecues for an end of summer celebration. Salads and sweet treats await - all you need to do is bring yourselves and something to cook on the BBQ.

Saughtonhall Baby and Toddler Group meet every Thursday, 10am-11.30am, in the SCA hall and grounds. Open to all pre-school age children and their parents/grandparents/carers. Sessions cost £3 per family / £2 for members of SCA (includes refreshments).

Tummies Not Trash – Community Breakfast Club - SCA Recreation Hall at 22a Saughtonhall Avenue

The Community Breakfast Club meets on Mondays and Thursdays throughout the summer holidays 8am-9:30am and will be serving a variety of rescued foods, fruits, pastries and cereals. Cost – Under 18's £1 Adults £2

Food sharing tables will be available with a selection of foods from 8.30am

To book a place <https://www.eventbrite.co.uk/o/tummies-not-trash-67117445223>

Corstorphine Connect Sight Loss Group

*Corstorphine Connect Sight Loss Group, affiliated with RNIB, meets on the 3rd Saturday of every month 2 -3.30pm at the Corstorphine Astoria Centre, 18 Kirk Loan for "Coffee, Cake and Chat" followed by an interesting speaker or some live music. Everyone is welcome including a family member or carer.

The next meeting will be held on August 19th when Christine Jardine, the Westminster MP for Edinburgh West, is coming to speak to us and to hear the issues we have of Living with Sight Loss. Then at our meeting on September 16th, a speaker from "Care & Repair" will be advising us of DIY services to help older and disabled people to live independently. Please join us on the day or contact Hazel for more information

T: 07899875713 E: hi.kelly@virgin.net

Edinburgh Community Performing Arts - DN Studios, 9b South Gyle Crescent, Edinburgh, EH12 9EB.

ECPA run a FREE gentle movement class for older people aged 65+ on Mondays and Thursdays from 10.30am - 12.30pm. This supportive community class is designed for people who may have dementia, Parkinson's or restricted movement. If you would like further information or to register for the class

contact:info@edinburghcommunityperformingarts.co.uk www.edinburghcommunityperformingarts.co.uk/our-projects