# Corstorphine Community Centre - Westfield House, 5 Kirk Loan. EH12 7HD

Join us weekdays 10am-3pm. With over 20 groups a week, events and volunteering opportunities, we have something for everyone. Registration and booking for events and groups is essential, please contact us to find out more.

| Website    | www.corstorphinecommunitycentre.org.uk  |       |
|------------|---|-------|
|            | Reception - 07580 659 676   |       |
| Contacts   | Jenni (Admin)admin@ccchub.online 07580 659676                                 |       |
|            | Louise (Volunteering) volunteers@ccchub.online 07778 888536                   |       |
|            | Fiona (Groups) development@ccchub.online 07780 862825                         |       |
| Events     | Tea dances, Saturdays 2 - 4pm - 30th March, 27th April, 25th May              |       |
|            | Wellbeing Sessions: 12.30 – 3.30  | 12.00 |
| New Groups | Wellbeing Group - Wednesday 3.15 - 4.15pm                                     |       |
|            | Women's group - Thurs day 21st March - 10.30 - 12pm                           |       |
|            | Jewellery Making Group - Starts Tuesday 2 <sup>nd</sup> April - 2.30 - 3.45pm | - 3   |

#### **Local Volunteering NW Gateway**

Supporting people into volunteering to gain new skills, make friends, support a cause they love, and build confidence across the North West of Edinburgh.

Feel free to attend one of my drop-in sessions, or we can arrange a one-to-one by sending me an email or reaching out by text or call. This can be an informal chat and I'm happy to meet you at your local hub or community centre.

Help for VIO's is also available.

For further information contact <a href="mailto:natalie.ballantine@volunteeredinburgh.org.uk">natalie.ballantine@volunteeredinburgh.org.uk</a> Tele 07300 200 933 voled.in/gateway

# West Edinburgh Information Website - https://westedinburghinformation.wordpress.com

This signposting website has been developed to provide information on the broad range of Community Organisations and Activities and other services available within the West Edinburgh Area. The website is available in 37 languages, is accessibility compliant and catalogues 100's of activities.

The site includes a range of pages including information on individual organisations, catalogues sports and recreation, activities by age group, a weekly diary of clubs and activities offered, Special Events, What's on and volunteering opportunities.

The site is still being developed and we welcome any <u>feedback</u> from individuals and groups on how this can be improved to meet the requirements of the local community and organisations.

# Western Neighbourhood Network -

# Directory of Community Services in Drumbrae, Gyle Corstorphine & Murrayfield

The Directory gives information on local Voluntary Organisations and activities in the local area.

Currently the Directory is being updated and we would appreciate submission of any updates or corrections. The Directory is now available online as part of the West Edinburgh Information Website –

https://westedinburghinformation.wordpress.com/western-edinburgh-neighbourhood-directory/

Hard copies are available in local Libraries and Community Venues

For further information or submitting any amendments contact tommy.awvsf@gmail.com

Please Note Some activities in this leaflet may make a small charge to cover costs Any organisation wishing to have Information included in the May Edition edition of the Leaflet must submit information to <a href="mailto:tommy.awvsf@gmail.com">tommy.awvsf@gmail.com</a> by 18th April 2024

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# ACTIVITY PROGRAMME FOR THE WEST EDINBURGH AREA APRIL 2024



**BRINGING PEOPLE TOGETHER** 

Produced by: Almond & Western Voluntary Sector Forum

https://facebook.com/awe.voluntary.sector

#### Rannoch Community Centre - 6 Rannoch Terrace EH 47ES (Behind Drumbrae Hub) 0131 339 5351

Thrive NHS mental health support drop in – 1pm to 3pm every Wednesday

Bereavement Support Group NHS – 1pm to 2.30pm – Thursdays 4.4.24 then 2.5.24.

For more information on all the activities offered by Rannoch Centre please contact the Centre Office on 0131 339 5351 or e-mail CLD-Rannoch@ea.edin.sch.uk

#### St Anne's Church - 1 Kaimes Road - EH12 6JR - 0131 316 4740

Saturday Whist Every third Saturday of the month, 2:00 PM, Belgrave Room

Discover the joy of Whist! This beginner-friendly card game is not only easy to learn but also incredibly enjoyable. Don't miss out on the fun!

Lunch Club Wednesdays, 12:00 PM, Belgrave Room

Kick off your Wednesdays at the Lunch Club! It's the perfect place to share stories, laughter, and delicious meals. Open to everyone.

FAN Club (Friends And Neighbours) Fortnightly on Fridays, 10:30 AM, Kaimes Hall

A vibrant gathering for retirees looking to stay active and connected. Join the FAN Club and be part of a welcoming community.

Caring & Sharing @ St Anne's Fortnightly on Fridays, 10:30 AM, Belgrave Room

Join us for a heart warming session of coffee and conversation. Every other week, we feature a speaker on "caring" topics, alternated with casual café-style meet ups.

More information on all our groups can be found on our website www.stannescorstorphine.org.uk

## Corstorphine Connect Sight Loss Group - Corstorphine Astoria Centre 18 Kirk Loan EH12 7HD

The group meets on the 3rd Saturday of every month at the 2pm-3.30pm, 18 Kirk Loan for "Coffee, Cake and Chat" followed by an interesting Speaker. Everybody is welcome including a family member or friend. At our meeting on on April 20th Ian Anderson shares the story of how the Corstorphine Cinema Organ was found and brought back to Corstorphine. Then on May 18th The Archive Team from the Corstorphine Trust share a bit more of Corstorphine's history with some exhibits from the Museum For more information contact (T) 07905 561319 or just come along on the day.

#### ANDYSMANCLUB - Space To Be Gyle Centre EH12 9JY

ANDYSMANCLUB is a Free safe space for men to come together and get things off their chest. We meet every Monday, night 7- 9pm (except bank holidays) NO BOOKING, NO REFERRAL, NO JUDGEMENT For further information contact <a href="mailto:info@andysmanclub.co.uk">info@andysmanclub.co.uk</a> or our Website <a href="www.andysmanclub.co.uk">www.andysmanclub.co.uk</a> We can also be found on all social media platforms.

# ACE IT - Digital Skills Support Sessions at the Space to Be at Gyle Shopping Centre

Digital Skills support sessions at the Space to Be at the Gyle Shopping Centre (located in the food court) Are you feeling daunted by technology or nervous about getting online? Come along to ACE IT's sessions every Wednesday from 2pm to 4pm. Sessions are open to anyone over 50 needing help with their digital device or wanting to get online. We can help with laptops, mobile phones, tablets and more! Call 0131 667 2053 or email info@aceit.org.uk to sign up.

# Corstorphine Literary and Geographical Society - Burns Hall - St Ninian's Church Corstorphine- use rear entrance

1st April at 7.45pm – Talk by Suzette Bell on her travels from the Med to the Artic by Senior Rail Card 6th May at 7.45pm – Talk by Eric Melvin on Duncan Napier Herbalist

The following three meetings will be on the first Monday of April, May and June. Visitors pay £4 per meeting but a reduced Subscription of £12 is available for the four meetings. Information available from the Lit Secretary on 0131 339 6115.

#### St. Ninian's Bridge Club -St Ninian's Church 144 St John's Road EH12 8AY

The bridge club meets every Thursday afternoon throughout the year between 1.30pm and 4.30pm in one of the Church halls. It is a friendly and relaxed gathering and each afternoon we run a pairs competition.

New members, particularly in pairs, are welcome. For further information call lan on 0131 467 8089.

### Corstorphine Library - 12 Kirk Loan EH12 7HD - 0131 529 5506

We have some new sessions at Corstorphine Library

Tuesdays Poetry Group - Monthly (3<sup>rd</sup> Tuesday of month): 1.30pm-3pm
Wednesdays Gardening Club - Weekly: 6pm-7pm
Saturdays Story Time/Bookbug - Weekly: 11am-11.30am
Saturday Chess + Board games - Weekly: 3pm-4.30pm

Contact the library on 0131 529 5506 or corstorphine.library@edinburgh.gov.uk for more information

#### Energize Health and Fitness - 3 Lochside Place EH12 9DP 0131 317 0260

Opening times Monday - Friday 6:00 - 20:30 Saturday - Sunday 8:30 - 18:00

Our mission is to help the community get active, stay active, learn about health & well-being, and lead a healthy lifestyle.

Over 50's Get Active - FREE 45 min classes - stay active and become part of the community Monday 10.30am, Tuesday 10.15am, Wednesday 10.15am, Thursday 10.00am, Friday 10.15am.

Pre-booking required for all classes

Teen Fit - Free 45 min instructor lead class Monday – Friday 4.00-4.45 pm. A fun way to spend free time and meet friends.

Classes must be pre-booked and the registration form signed by a parent or guardian.

#### Scottish Seniors Computer Club - Drumbrae Library Hub - 81 Drum Brae Drive, Edinburgh, EH4 7FE

Over-50s Digital Skill Support Sessions - We have volunteers who are happy to assist over-50s with their tech issues (laptop, tablets and smartphones). We run drop-in sessions every Monday from 2-4 pm. For more information, come along on any Monday or give Gordon a text or call on 07787 962795"

#### Murrayfield Club - Murrayfield Parish Church, 2b Ormidale Terrace EH12 6EQ

We meet Tuesdays and Thursdays from 10 am until 2pm.

10 places each day for people who are living with dementia or are frail elderly.

Contact details - 07881 288909 Email: jenny@themurrayfieldclub.

#### Memory Lane Cafe

Meets in Saughtonhall United Reformed Church, 87 Saughtonhall Drive, EH12 5TR each Friday (closed 29<sup>th</sup> March) from 10 am until 12pm. Open to all, please feel free to drop in.

Contact details - 07881 288909 Email: jenny@themurrayfieldclub.com

#### Drumbrae Library - 81 Drumbrae Drive EH4 7FE - 0131 529 5244

30 March, 12pm - Eggshell painting - https://www.eventbrite.co.uk/e/860062077827?aff=oddtdtcreator

2 April, 11am - Craft Time - https://www.eventbrite.co.uk/e/860876132687?aff=oddtdtcreator

5 April, 11am - Story session, ages 0-5 <a href="https://www.eventbrite.co.uk/e/860931337807?aff=oddtdtcreator">https://www.eventbrite.co.uk/e/860931337807?aff=oddtdtcreator</a>

10 April, 2:30pm - Mini yoga and mindfulness, ages 7-10 -

https://www.eventbrite.co.uk/e/861705493327?aff=oddtdtcreator

11 April, 2pm - Board Games for kids, ages 8-12 -

https://www.eventbrite.co.uk/e/860929171327?aff=oddtdtcreator

All children under the age of 8 must be accompanied by an adult?